

# The Story of God | First Humans

## First Humans | Story

### *Story from... Genesis 1-2 Psalm 8*

Then God took the earth, which was dark and formless, and prepared it as a place for life.

*God's Spirit moved over the surface of the earth as...*

He made light – separating it from the darkness...

He divided the oceans and the sky...

He gathered the waters, so dry land would appear...

He grew plants, flowers, and trees... all with seeds in them so they could reproduce themselves...

He created the sun, the moon and the stars... then set the days and seasons into motion...

He filled the seas with fish, the sky with birds, and the earth with all kinds of wild animals!

God put great care and creativity into all of his creation. God looked at this and said, *"This is really good!"*

After he had prepared the earth, God decided he would create another being, one who was lower than the angels.

God said, *"We will make humans in our image, to be like us. We'll put them in charge of the earth, the plants and all the animals that live on it."* So God took dirt from the earth and formed this first human. Then, God breathed his own breath into him, giving him life. This first human would be called Adam.

God placed Adam in a beautiful garden, where he provided everything he needed. In this garden, God planted all kinds of trees that produced delicious fruit so Adam would always have plenty to eat. God gave Adam the responsibility to take care of this garden and all of the creatures that lived there. God even brought all of the animals right to Adam so he could give them names!

In the middle of the garden were two special trees – a Tree of Life, and a tree that could give Knowledge of Good and Evil. God told Adam to enjoy fruit from any tree in the garden – except for one; God warned him, "If you eat fruit from the Tree of the Knowledge of Good and Evil, you will definitely die."

Then God said, *"It is not good for man to be alone. I will make a partner who will help him."*  
So God caused Adam to fall into a deep sleep. While Adam was asleep,  
God removed one of his ribs and then closed up his side where it was taken from.  
God used Adam's rib to form the first woman. When God brought her to Adam, Adam shouted,  
*"At last!"*

Adam called his new companion Eve, which means "giver of life."

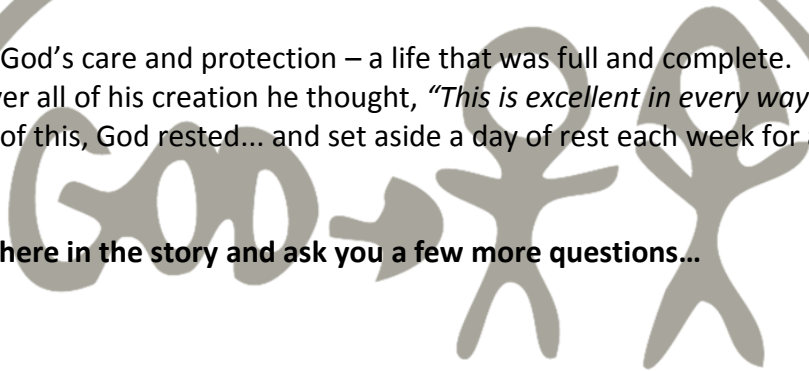
So God created both the man and woman to be like him – created in God's own image.  
God blessed Adam and Eve with the ability to continue his creation by having children.  
God joined them in a close relationship as husband and wife, where they devoted themselves  
to each other.

Although Adam and Eve were naked, they felt no shame.

And God would come and spend time with the humans, walking with them in the cool of the  
day.

They lived under God's care and protection – a life that was full and complete.  
As God looked over all of his creation he thought, *"This is excellent in every way!"*  
After creating all of this, God rested... and set aside a day of rest each week for all of his  
creation.

**We'll stop right there in the story and ask you a few more questions...**



## **First Humans | Dialogue**

*Remember this is a dialog, not a quiz. The “answers” below each question are there to help you as a leader guide the discussion toward some key ideas.*

### **How did God make humans unique among his creations?**

*They are created in God’s image. He breathed his own breath into them.  
He put them in charge of the earth and the animals (responsibility).  
God gives humans the ability to create by having children.*

### **What kind of relationship did God have with humans?**

*He spent time with Adam and Eve. They loved being with God.  
He gave them responsibility—to care for God’s creation and to create.  
He showed them the best possible way to live. He protected them from evil.*

### **What kind of relationship did Adam and Eve have with each other?**

### **Why do you think that Adam and Eve were not ashamed of being naked?**

### **What do you think is significant about the two trees in the center of the garden?**

*The trees were in the center of their “world”. The choice to choose relationship and obedience to God or to choose self...to attempt to be in charge of what is “good and evil”, “right and wrong” for ourselves. This choice is still before us each day!*

### **Why did God create humans? What is their purpose?**

*To spend time with God and live in his ways. To care for his creation.*

### **What do we learn about God in this story? (Where in the story did you see this?)**

*God is all powerful. God is the creator of all things—birds, fish, air and land ...  
God created humans in his image. God showed the humans how to live in the best possible way.  
God trusts humans with the care of his creation. God gives humans the ability to create.  
God provides and takes care of humans—the garden had everything they needed.  
God enjoys his creation—he said it was excellent in every way! God sets aside time for rest!*

## **First Humans | Additional Dialogue**

What do you think your purpose in life is? Why?

Why do you think God wants to spend time with humans?

What do you think it means to live a life that is “full and complete”?